

# E-SAFETY

## for a Digital Citizen

THIS E-WORKBOOK  
WILL CONTAIN...

Part 1 Plagiarism & Copyright:  
What can you steal?

Part 2 Online Protection:  
Viruses, malware, spyware,  
phishing & Identity Theft

Part 3 Staying Safe online: Rules,  
rights and responsibilities

Part 4 Cyber Bullying: Identifying,  
Preventing and responding

Part 5 Scenarios: What would you do?

IMPORTANT INFO...

NAME...

...

CLASS...

...

TEACHER...

...

YOU HAVE RIGHTS AND  
RESPONSIBILITIES AS A  
DIGITAL CITIZEN





# Part 1: Plagiarism & Copyright - What can you steal?

**My learning objective is to understand...**

Illegal Downloading of music, films and games IS Stealing and can open your computer up to Hackers. As well as breaking the law you are not crediting creative people for their work!

**Task 1:** Find the definition for these 2 words using Google  
(Did you reference the source?)

**Plagiarism is...**

**Copyright is...**



**FACT:**

On certain sites like Face book, when you post a picture, even one of yourself, you no longer own it...they do!



Task 2: Follow this link and read the information:

[http://www.cyberbee.com/cb\\_copyright.swf](http://www.cyberbee.com/cb_copyright.swf)

**Public Domain is...**

**Fair usage is...**

**Attribution is...**

**FACT:** Privacy Law: you should always seek permission before filming or recording a person even if its for educational reasons!

**Task 3:** What is P2P and what are the dangers of File sharing? Find out from this site: [http://www.childnet.com/music/advice\\_p.html](http://www.childnet.com/music/advice_p.html)

**P2P is...**

**The dangers are...**

**Task 4:** Then try this quiz: <http://www.copyrightkids.org/quizframes.htm>

**FACT:** Even if you delete a page or image on Facebook its never really gone, and they can sell these images/info on...read the **User Agreement!**

**Extension work:**

<http://www.bbc.co.uk/schools/gcsebitesize/ict/legal>

<http://www.ipo.gov.uk/types/copy/c-quiz.htm>



# Part 2: Online Protection from Viruses, malware, spyware, phishing & Identity Theft

My learning objective is to understand...

When you download a file you are allowing others access to your computer - It opens you up to viruses, malware and Spyware!

Opening your computer up to Hackers can result in...

- Your computer being used to attack other computers, websites or networks
- Code put on the computer to trick the users into giving out sensitive information
- Bank account details being stolen
- Identity theft



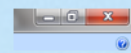
**Starter:** What do you know about safety? Try this quiz:

<http://www.bbc.co.uk/newsround/14979083>

**Task 1:** Fill in the blanks from Part 2 of your safety booklet, use this website:

<http://www.childnet.com/sorted/top10.aspx>

**+Skill:** Can you have 2 windows open at the same time?



## Top 10 Rules

1. Make sure your computer has a *f* enabled at all times
2. Install *a* and keep it regularly updated
3. Check out the various *a* and run them often
4. Make sure your home wireless network is *e*
5. Take care when using P2P *f* applications
6. Disguise your *e* address if you post it publicly online
7. Never reply to *s*, not even in trying to unsubscribe
8. Think before you blog - *a*
9. Don't *o* from unknown sources
10. Use different *p* and e-mail addresses for different activities online



# HELP?

WHERE TO GET PROTECTION....



Virus Software is the number one defense.

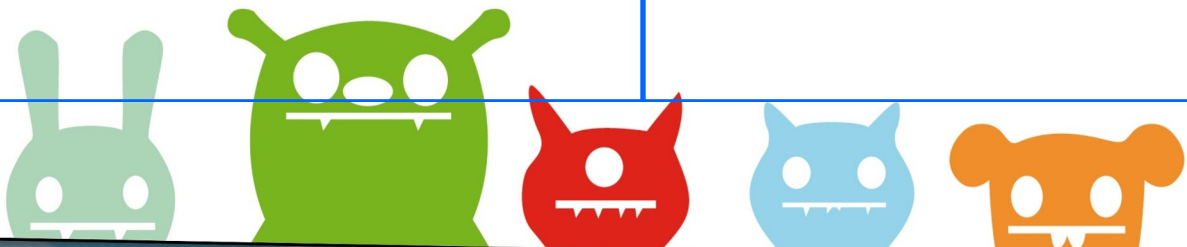
### Recommended software:

- McAfee
- Norton
- Kaspersky
- AVG (Cheapest and high quality)
- Avast (Free - But Pro is recommended)

## TASK 2

Use this site: <http://www.childnet.com/sorted/> to fill in the boxes below

Spyware infects you computer when...	A Virus is...
A Virus can get on a computer by...	A Trojan allows a...
Spam is....	Phishing is:
Identity theft occurs when...	An easy way for me to reduce the chance of Identity theft is by...



## EXTENSION..

Continue the scenario work in Part 5 of this e-workbook

## HOMEWORK...

Make a A4 poster on "Copyright" and "Online Protection" What can you download?, What is "Fair Usage"? Explaining the dangers and risks, Virus guard



# Part 3: Staying Safe Online

## TASK 1

Follow this link:

[www.cyberbullying.info/movies/movie1.php](http://www.cyberbullying.info/movies/movie1.php)

THE INTERNET IS REALLY GOOD BECAUSE PEOPLE CAN BE WHOEVER THEY WANT TO BE!

THE INTERNET IS REALLY BAD BECAUSE PEOPLE CAN BE WHOEVER THEY WANT TO BE!



## TASK 2

What are your Digital rights?

What are your Digital responsibilities?

What can you do if you see/hear something digitally?

<http://www.childnet.com/downloads/ICRA-Bill-of-Rights.pdf>

What "SMART" Rules can you come up with to stay Safe online?

**Safe** – Keep passwords safe & never give out personal information

**Meeting** – Its dangerous to meet up with someone you met online

**Accepting** – It can be dangerous to open emails & messages from unknown people

**Reliable** – People can lie about who they are and information may be biased online

**Tell** – If anything makes you feel uncomfortable tell someone

THE THREE MOST IMPORTANT DIGITAL RIGHTS TO ME ARE,,,

1.

WHO CAN HELP YOU?

FRIENDS

PARENTS OR FAMILY

TEACHERS

ADULTS YOU TRUST

ON-LINE HELP

SCHOOL WEBSITE:

[www.holsworthycollege.devon.sch.uk](http://www.holsworthycollege.devon.sch.uk)





# TECH **+/-**

## TASK 3

WHAT ARE THESE USED FOR, AND WHAT HARM COULD THEY DO?

USE THIS WEBSITE FOR HELP:

[www.thinkuknow.co.uk/8\\_10/control/](http://www.thinkuknow.co.uk/8_10/control/)

### MOBILES...



### WEB SURFING...



### SOCIAL NETWORKS...



### FILE SHARING...



### ONLINE CHAT...



### ONLINE GAMING...





## TASK 4... WHAT I KNOW ABOUT BEING SAFE ONLINE...

**I've received a nasty electronic comment from someone, I will...**

- (a) Send a mean one back
- (b) Delete it.

(c) Save the evidence and tell a trusted adult about it

**Someone I've met up with online asks me which school I go to, the area I live in, and other personal information. I will...**

- (a) Tell them, it's no big deal
- (b) Ignore the request, and block them if they do it again.
- (c) Only tell them a little bit of information, what harm can it do?

**People who communicate online are always who they say they are, e.g. your friend.**

- (a) True
- (b) False

**If someone I've met online wants to meet up with me in the real world, I would...**

- (a) Ignore them, they could be anyone.
- (b) Go with a friend so be on the safe side.
- (c) Not go and tell a trusted adult because they're strange.

**If someone adds me to their IM list who I don't know, I...**

- (a) Do nothing, who cares if they can see me online?
- (b) Block them so they don't know when I'm online, they might be stalking me!

**The best image for my profile picture is...**

- (a) A picture of me in my school uniform, so everyone can tell which school I go to and know who I am
- (b) A general picture of me
- (c) A picture of a pet or pop group so strangers don't have a clue what I look like.

**The best time to use my web cam is...**

- (a) Just after school in my school uniform which even strangers can see
- (b) Only when I can be absolutely certain I know who the person is who can watch me
- (c) Never

**If I receive a electronic message from someone I don't know, I should..**

- (a) Open it anyway and reply if it looks interesting
- (b) Delete it, it's probably junk or a scam
- (c) Open it and then decide what to do.

**If I get an email with a link to a web site giving away mobile phones, what should I do?**

- (a) Fill in all my personal details right away
- (b) Delete the email without opening it
- (c) Forward it to all my friends

**When entering a public chatroom, I should always use...**

- (a) My real name, what harm can it do?
- (b) A nickname to be on the safe side.

**If someone makes you feel uncomfortable on the Internet, what should you do?**

- (a) Ignore it
- (b) Tell a trusted adult and/or report to CEOP
- (c) Tell my best friend

**When filling out my profile on a social networking web site, I should always include:**

- (a) My mobile number and address so my friends who don't know it can get it, even if they're not who they say they are
- (b) The bare minimum—just a nickname and things that people can't easily identify me from, e.g. my hobbies and favourite films.

**When filling out my age on a profile on a social networking web site, I should always:**

- (a) Lie, so I can actually sign up and get older people interested in me.
- (b) Tell the truth so it's less likely that older strangers will contact me.

**When setting up an internet profile on a web site, I should...**

- (a) Make it public as there's no point otherwise
- (b) Make it private, so only my friends can see

**When I want to download games and movies from the web, I should**

- (a) Just do it, who cares if it's illegal to do it and my parents get fined or go to prison. It might include a virus, but hey, never mind.
- (b) Check that it's copyright free & genuine, and if unsure, ask an adult for advice.

**When playing games online, I should...**

- (a) Take it dead seriously and respond to nasty comments people make, making sure I use my real name.
- (b) Remember it's only a game... win or lose...and keep my cool, and use a nickname.

**To reduce the chances of getting a virus or having a keylogger installed, I should:**

- (a) Download any old internet security software
- (b) Download or buy genuine internet security software that's well-known
- (c) Not bother, what are the chances?

**A good password should always be:**

- (a) 6 letters long
- (b) More than 6 letters long and include a number and symbol
- (c) "Password123"

**If I receive a message warning me about a virus that will destroy my computer, I should...**

- (a) Forward it to all my friends as they usually tell you to do
- (b) Delete the email, it's probably a fake.



# P4 - CYBERBULLYING

## TASK 1...

Watch this video: <http://old.digizen.org/cyberbullying/fullFilm.aspx>

How was the bully feeling?

What should Joe have done differently?

## TASK 2

Follow this link and do the activity:

<http://old.digizen.org/cyberbullying/interactive/default.aspx>

## TASK 3

Explore this: <http://www.cyberbullying.info/office.php>

Find a definition for the following words (Hint: look on the book shelf):

**Flaming:**

**Cyber stalking:**

**Masquerading:**

**Outing:**

## TASK 4

Use Google to find the meanings of these terms – can you trust the sites you find the answers on? Search using “quotes” to be specific e.g.: “cyber bullying” “ISP”

**Digital Footprint:**

**Print screen:**

**Exclusion:**

**Denigration: “Dissing” :**

**Trolling:**

**ISP:**

## TASK 5

Can you do the right thing in this interactive film? [www.thinkuknow.co.uk/first2amillion/](http://www.thinkuknow.co.uk/first2amillion/)

## HOMEWORK...

Create a leaflet or presentation that would be suitable for a year 6 student about **Staying Safe online / Cyber bullying**



PART 5

# WHAT WOULD YOU DO?

Your keep getting these weird texts, that start of silly but get more and more abusive. What would you do?

Your best mate gets into an argument at school with a really annoying kid, he ask you to help him make a Facebook page about the kid. What would you do?

You hear someone in the class say that they know another students password, what would you do?

A good friend of yours tells you about a film they took of a student on their mobile phone at break time, in school. It shows a kid in year 7 being really angry and he suggests that with some comedy music it would be a massive hit on YouTube , what would you do?

You've just got a new phone for your birthday. It has a mp3 player! You want some music but cannot afford to buy any. A friend tells you about a piece of software that allows you to download music for free.

The new iPad 5 is the latest "Must have" gadget, but you cannot afford it. You come across an auction site which is selling it for £150 but requires you to enter your bank account details.

TO BE CONTINUED...



You've found a blog that has nasty comments on it about you. What would you do?

You have lost all your music on your phone and can not redeem the songs, A mate tells you as you bought the songs you have a right to download them from a P2P site for free!

You enter a chat room online and start receiving abuse from other people in the room. What would you do?

You have received an email from what appears to be 'Facebook'. It tells you to visit a web site because someone has been trying to hack into your account. The web site asks you to verify

A friend comes and tells you that there was a discussion on facebook, and someone said something about you and now people are spreading it as a fact! What would you do?

When checking your email you find you have a new message from someone you do not know. The message asks you to open the attachment to delete a virus on your computer.

**THE END?...**

# EVALUATION

SELF EVALUATION OF THE PROJECT...

MY STATS/LEVELS:

E-WORKBOOK:

POSTER:

PRESENTATION:

FILM/ANIMATION:

EFFORT:

HOMEWORK:

OVERALL LEVEL:

ARE YOU MORE DIGITALY AWARE?

WHAT NEW SKILLS HAVE YOU LEARNED?

DO YOU KNOW WHAT YOUR RIGHTS ARE?



ANYTHING ELSE YOU WOULD LIKE TO KNOW?

TEACHER FEEDBACK...